



Festive Menu 2020

Seasonal food items include: apples, banana, aubergine, courgette, oranges, cucumber, blueberries, green beans, tomato, garlic, red peppers, green peppers, carrots, onion, mushrooms, root ginger, parsnip, potatoes, melon

Week 2	Breakfast	Lunch	Evening Meal	Snack
Monday	Selection of cereals and wholemeal toast	Sausage Casserole Fresh fruit	Homemade cajun wedges Natural yogurt	Breadsticks with houmous
Tuesday	Selection of cereals and wholemeal toast	Fry Up - bacon and sausage with beans, mushrooms, and toast Grapes	Infused Cous Cous Rice Pudding	Fresh fruit
Wednesday	Selection of cereals and wholemeal toast	Christmas Dinner Christmas pudding with custard	Christmas cheese board, grapes, and chunky apples with a selection of crackers and pickle Slices of fresh orange	Rice cakes
Christmas Eve	Selection of cereals and wholemeal toast	Turkey and Cranberry puff pastry roll up Fresh fruit Hot chocolate, marshmallows and a sprinkle of magic!		

Vegan and vegetarian options available.